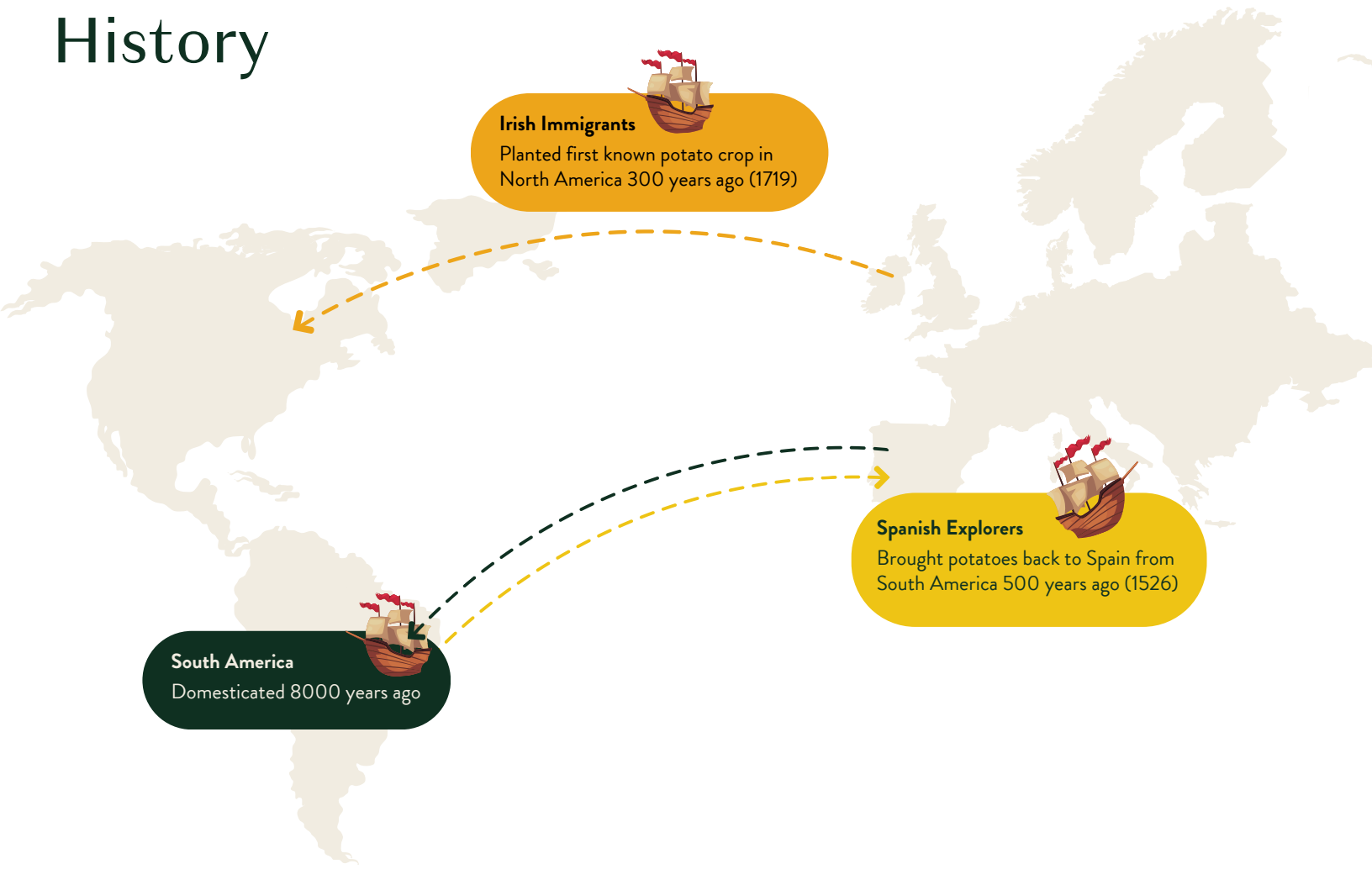
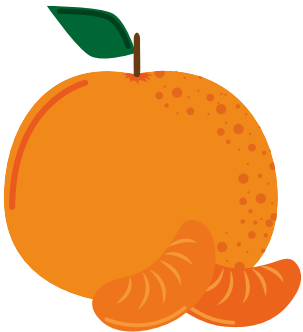


History



Why we should eat potatoes



Vitamin C

Helps heal cuts, build strong bones and teeth.



Vitamin B6

Healthy brain development and helps boost your immune system.



Potassium

Healthy development of your organs and bones.