



## **FIRE-RESCUE SECOURS-INCENDIE CANADA**

CANADIAN ASSOCIATION OF FIRE CHIEFS  
ANNUAL EDUCATION CONFERENCE

CONFÉRENCE ANNUELLE D'ÉDUCATION  
L'ASSOCIATION CANADIENNE DES CHEFS DE POMPIER

September 16 -19, 2018  
The Westin Hotel  
Ottawa, Ontario

**FIRE-RESCUE CANADA** is one of CAFC's most important events of the year. This annual four-day event attracts leading authorities and vendors from all sectors of the Fire & Emergency Services community. Fire-Rescue Canada focuses on education through numerous guest speakers, seminars and a three-day Tradeshow and attracts delegates from across Canada and the United States.

### **Our Education Focus**

**Keynote, General and Panel Sessions** - these sessions are geared to inspire, excite and motivate you.

#### **Assistant Deputy Chief Tyler Pelke**



#### **Bounce: A personal story of adversity, resilience and forgiveness**

This session explores 4 points related to being proactive in our approach to facing adversity in every day life. The session is built upon the notion that resilience can and should be developed in all of us. These points are explored through Tyler's perspective and experience as a survivor of violent crime & victims advocate, burn survivor and first responder.

#### **John Saunders and Karen Gordon**



#### **#METOO and the Fire Service**

Nothing has changed in the last few years quite as rapidly as gender relations in the workplace. While on the surface it would seem to be a high profile, Hollywood specific issue – nothing could be further from the truth. This session identifies both the communications and legal requirements around understanding the new world of gender relations, the rules, the process and what to do if you're next.

**Feike van Dijk****Addressing PTSD in the Firehouse**

It is definitely one of the hottest national topics that PTSD is a huge epidemic amongst first responders. A recent study by Samantha Dutton PhD MSW determined that 85% of the first responders she interviewed dealt with symptoms related to mental health issues. One third of them were formally diagnosed with depression or PTSD. These numbers nationally are also extremely high, where the stigma and culture of first responders is to stay professional and to “suck it up”. Addictions, broken marriages, self-mutilation and suicide are the common results when mental health issues aren’t addressed in the field of first response. A paradigm shift needs to take place to combat the stigma that is taken place in this field of work.

**Skill-Building Concurrent Sessions** - focused on practices to enhance your job skills, these sessions provide strong and tangible takeaways such as:

- Gender Equity in Fire-Rescue Services
- Unmasked: A personal journey through mental health and addiction in the fire service
- Response on the Highway Thru Hell
- Creating an Inclusive Recruitment and Engaging Workplace Culture
- Just When You Finally Decoded Millennials, iGens are Here!
- A Cooperative Approach to Dangerous Goods Emergency Management

And SO MUCH MORE! View the Schedule for complete program details!

Where ever your interests lie, there is an opportunity to walk away with new, tangible tools to help you in your daily professional life.

**Our Networking Events Set Us Apart**

Fire-Rescue Canada's networking events are the social connections of the conference and provide an opportunity for attendees to have some fun, catch-up with fellow attendees and meet new contacts in the industry.

- Opening Ceremonies and Memorial Service
- Welcome Reception
- Fun Night
- Tradeshow Reception
- Awards Gala Reception and Dinner
- Hospitality Room

**CAFC Town Hall**

Hear about CAFC's accomplishments over the past year and the association's forecast by CAFC leaders. The CAFC Town Hall will offer attendees the opportunity to ask questions of CAFC leaders in an open forum.

### Lightning Talks

Lightning Talks are short 10 minute presentations on a wide variety of topics affecting the fire service today.

With Fire-Rescue Canada being in our nation's capital, CAFC will invite and welcome a variety of policy experts at the national and federal level to speak about key initiatives and directions. Find out what is happening in Ottawa and how it will impact your operations at home. Engage in an important national dialogue that will impact CAFC's agenda and the future of the fire service. Stay tuned for more details!

### CAFC Policy Forum

For complete schedule details, please click [here](#) or view the Schedule section

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